



SAILING INSTRUCTIONS

Flying Scot® New York Lakes District Championship



July 17-19, 2026

Hosted by Oswego Yacht Club
11 West Seneca Street, Oswego, NY 13126

Organizing Authority: **OYC**

1. RULES

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board located north of the OYC entrance door.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any changes to the Sailing Instructions (SI's) will be posted before 0900 on the day they will take effect, except that any change in the racing schedule will be posted before 1800 the day before it will take effect.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed in the launching area.

4.2 When Flag AP is displayed ashore, "one minute" is replaced with "not less than 90 minutes" in the Race Signal AP. This changes "Race Signals".

5. SCHEDULE OF RACES

5.1 A competitors' meeting will be held at 0900 on 7/18/26 under the OYC tent.

5.2 Races are scheduled as follows:

7/18: First warning signal at 1030; additional races to follow

7/19: First warning signal at 1000; additional races to follow (note earlier start)

7/19: No warning signal after 1300

5.3 Flag A displayed, with no sound, while boats are finishing means, "*No more racing today.*"

5.4 Flag H displayed, with no sound, while boats are finishing means "return to harbor, further signals ashore"

6. CLASS FLAGS

6.1 Class flag will be a white flag with a blue FS insignia.

7. RADIO COMMUNICATION

7.1 The Race Committee (RC) will use VHF Channel 71 to communicate with competitors.

7.2 Competitors are only to contact the RC on the water in the event of emergencies, safety issues, to retire from a race or report a protest or penalty taken.

8. RACING AREA

8.1 The race area will be TBA at the competitors' meeting.

9. THE COURSES

- 9.1 The courses to be sailed are W2 or W4 as per course diagram.
- 9.2 The course designation will be displayed from the stern of the RC Signal Vessel.

10. MARKS

- 10.1 The starting mark will be an orange ball.
- 10.2 The windward mark will be a yellow tetrahedron.
- 10.3 The offset mark will be an orange ball.
- 10.4 The finishing mark will be an orange ball.
- 10.5 Change mark color will be TBA. If the course is changed again, the original marks will be used.

11. SAFETY CHECK-IN

- 11.1 [DP][NP] When the RC signal vessel displays Code Flag L prior to the first warning signal each day, competitors shall sail past the stern of the signal boat on starboard tack and hail their sail number until acknowledged by the RC. Each time a boat breaks this sailing instruction, it shall be posted on the Official Notice Board. The second time, and every time thereafter that a boat breaks this sailing instruction, the penalty shall be applied to the first race of the day on which the infraction occurred and shall be: 1) the Scoring Penalty calculated as stated in rule 44.3(c) or 2) another penalty. This changes RRS 60.1.

12. THE START

- 12.1 The starting line will be between a staff displaying an orange flag on the RC signal vessel at the starboard end, and the course side of the starting mark on the port end.
- 12.2 As a courtesy, the warning signal may be preceded by a VHF announcement to alert competitors that a starting sequence is about to begin.
- 12.3 As a courtesy, the RC may, after the starting signal, hail the sail and/or bow numbers of OCS boats via VHF Radio. The delay of such hails, the order of hailing, the failure of the RC to hail, or the failure of a competitor to hear such a hail shall not be grounds for redress. This changes RRS 61.4(b)(1).

13. CHANGED OR SHORTENED COURSE

- 13.1 The RC may make minor adjustments (up to 5 degrees and .1NM in length) to the course during a race without signaling a course change. This changes RRS 33.

14. THE FINISH

- 14.1 The finish will be between a staff displaying a blue flag on an RC vessel and the course side of the finishing mark.
- 14.2 Boats that retire before finishing should inform the RC as soon as possible and may do so by VHF radio.

15. PENALTY SYSTEM

- 15.1 US Sailing Prescription Appendix V Alternative Penalties will be in effect.

16. TIME LIMITS

- 16.1 The following time limits apply to each race:
 - 16.1.1 The time limit for the first boat to pass the first mark will be 30 minutes, and for the first boat to sail the course and finish will be 90 minutes.
 - 16.1.2 If either of these limits is not met, the race shall be abandoned.
 - 16.1.3 Boats failing to finish within 30 minutes of the first boat to sail the course and finish will be scored Time Limit Expired (TLE) as described in the SCORING section below. This changes RRS 35 and A10.

17. HEARING REQUESTS

- 17.1 Protests: Hearing forms will be available at the OYC bar and shall be filed within 60 minutes of the RC signal vessel docking time, which will be posted on the official notice board. The order of protests will be posted within 15 minutes of the end of the protest time. Protests will be held at OYC approximately in the order received.
- 17.2 Redress Requests: If the RC posts a list of boats scored OCS, NSC, ZFP, UFD, or BFD on the official notice board, a hearing request shall be made no later than 30 minutes after posting or the protest time limit, whichever is later. This changes RRS 61.2(b).

18. SCORING

- 18.1 The Low Point System of Appendix A of the RRS will apply with the following modifications:
 - 18.1.1 One race must be completed to constitute a Championship.
 - 18.1.2 Each boat's score shall be the total of her race scores, and no score shall be excluded.
 - 18.1.3 A boat scored TLE will be awarded points two greater than the last boat to sail the course and finish within the 30 minute time window. This changes RRS 35, A4, A5.1 and A5.2.

19. SUPPORT BOATS

- 19.1 A competitor shall not use support or spectator personnel or their equipment, including tow vessels, while away from the dock unless they have been pre-approved by the Protest Committee, RC, or made available to all competitors by an Organizing Authority.

